

Ontario Shores Centre for
Mental Health Sciences

AGM

Wednesday, June 12, 2019
at 2:00 p.m.

700 Gordon Street, Whitby
Lakeview Cafeteria

Featuring

Jack Armstrong

Toronto Raptors Broadcaster

RSVP by Friday, May 24, 2019 to
communications@ontarioshores.ca
or call 905.430.4001.

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Ontario Shores
Centre for Mental Health Sciences

Celebrating a Century of Care

ontarioshores.ca/100



About Jack Armstrong

Best known as the colourful and entertaining voice of the Toronto Raptors, Jack Armstrong has spent more than two decades covering the NBA and College basketball for TSN and NBA TV. His broadcast work has earned him multiple Canadian Screen Awards and helped an entire nation fall in love with Canada's basketball team.

Before becoming a broadcaster, Jack spent 10 years as the head basketball coach at Niagara University where he was named Division I New York State and MAAC Coach of the year for the 1992-93 season. Prior to his time at Niagara, Jack served four years as an assistant coach at his Alma Mater, Fordham University in Bronx, New York where he also earned his BA in History and an MA in Public Communications.

Beyond basketball, it's the 56 year-old Irishman's family experience that helps shape his view of the world. Raised in Brooklyn, NY along with his three brothers, Jack lost his father when he was just seven. Later in life when Jack and his wife Dena found out they couldn't have children of their own they decide to adopt three young boys. Through their adoption experience, they learned there was a disproportionate amount of African American children in the foster care system and decided to welcome three young black boys into their homes and hearts.

An avid marathon runner, Jack believes that anything is possible and brings his energy, coaching philosophy and kind heart to everything he does.