



**Ontario Shores**  
Centre for Mental Health Sciences

Family Resource Centre

## You're Invited

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Join us for the grand opening of our **Family Resource Centre**, a new warm, welcoming place for families to come and receive support from one another, learn together, develop strengths and coping skills to sustain hope and support wellness and recovery for themselves, and their loved one.



**Friday, September 13, 2013**  
**2:00 p.m.**

**Ontario Shores Centre for Mental Health Sciences**  
**Building 5, Level 2**  
**700 Gordon Street**  
**Whitby, ON L1N 5S9**

Please RSVP to Lynda Hull at [hulll@ontarioshores.ca](mailto:hulll@ontarioshores.ca) or  
905.430.4055 ext. 6288 by **Friday, September 6.**

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