Music care as an agent of culture change in Canadian healthcare

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Outline

- What is culture change?
- Why music?
- Music Care – an emerging approach
- 10 Domains of Music Care – a conceptual framework
- Conclusion
- Q & A
What is culture change?

Shift from medical to social medical

- Language of care rather than cure
- Person-centred care
- Community as partner in care
- Integrated approaches
Why music?

Human activity

Community activity
Musical elements are therapeutic

Music reaches into all human domains
Music therapy as recognized allied health provider
Music care

- Music care is an **approach** that believes **all of us** can use music for **health and well-being** in **our own lives** and in **those we care for**.
- Music care **enhances quality of life**.
- Music care is comprised of **informed** and **intentional** music **implementation** and music **integration** throughout care delivery in any setting.
10 Domains of Music Care

Why?
- Need for clearer terminology
- Navigational tool
- Music optimization

The music care approach comprises ten domains of music delivery.
<table>
<thead>
<tr>
<th>Domain</th>
<th>Description</th>
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<tbody>
<tr>
<td>Community Music</td>
<td>Outside musicians or entertainers invited into LTC</td>
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<tr>
<td>Music Care Specialties</td>
<td>Specific music training for wellbeing i.e. harp therapy</td>
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<td>Music Therapy</td>
<td>Skillful use of music in a therapeutic relationship</td>
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<td>Musicking</td>
<td>Informal and spontaneous use of music</td>
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<td>Music Programming</td>
<td>Formal use of music within LTC programs</td>
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<td>Music Technology</td>
<td>Technology used to deliver music for a therapeutic goal</td>
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<td>Sound Environment</td>
<td>Intentional sounds for wellbeing</td>
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<td>Music Medicine</td>
<td>Prescriptive use of music strategies</td>
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<td>Music Care Training</td>
<td>Training for caregivers to integrate into practice</td>
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<tr>
<td>Music Care Research</td>
<td>Evidence-based research using music strategies</td>
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</tbody>
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2 easy music care strategies

Share a meaningful song
Conclusions

- As music in care gains recognition, so does importance of standardized language around it.
- Having tools to clarify, locate and optimize will help align music care in the changing culture of healthcare in Canada.
Q & A