DMHS’ Senior Support Program:
A Multidisciplinary, Home-Based Care Delivery Model
Agenda

- Introduction
- Guiding Concepts
- Alignment with Health System Goals
- Client Success Story
- Housing Corporation Perspectives:
  - Patti Bell – Executive Director, Durham Non-Profit Housing Corporation
  - Kevin Bradley – General Manager, Ajax Municipal Housing Corporation
- Q&A
Target Population

Seniors aged 55+ with mental health and/or substance use issues in Whitby and Ajax non-profit residences
The Senior Support Program

- Personal Support Worker
- Community Mental Health Worker
- Nursing
- Recreational Therapist
- Addiction Worker

Client
Key Concepts:

- Recovery-Oriented Practice
- The Home First Philosophy
- The Harm Reduction Approach
- The Hub Model of Care
Supports Include ...

- Mental health and addictions support
- Physical health and nutrition support
- Personal support services – hygiene, mobility assistance, medication support
- Recreational support
- Case coordination
Central East Local Health Integration Network objectives:

- Reduce the demand for long-term care
- Improve the vascular health of residents
- Strengthen the system of supports for people with mental health and addiction issues
- Increase the number of palliative patients who die at home by choice

Source: Central East Local Health Integration Network, CEO Report to the Board, October 28, 2015
Housing Provider Perspectives

- **Patti Bell** – Executive Director, Durham Non-Profit Housing Corporation

- **Kevin Bradley** – General Manager, Ajax Municipal Housing Corporation
Client Success Stories