

# WELCOME TO ONTARIO SHORES

Welcome to Ontario Shores Centre for Mental Health Sciences, we are so glad that you have chosen to be a part of our team. We are proud to be one of four standalone mental health facilities in Ontario, providing exemplary care, support, and advocacy for those whose lives are impacted by mental illness. Here at Ontario Shores we operate in accordance with the quality standards set out by Health Quality Ontario, as well as our own mission, vision, and values. We strive for excellence in the delivery of mental health care and we aim to foster an innovative culture of learning and growth.

The purpose of this package is to equip you with the knowledge you need before starting your placement and to ensure that you are prepared for this new experience. We want you to know about the hospital and the that role you will play in it as well as the abundance of resources that are available to you here. During your time at Ontario Shores, you are encouraged to set goals for your learning and to ask questions to your colleagues who will be willing to support you in any way they can.



### Mission

We provide leadership and exemplary mental health care through specialized treatment, research, education and advocacy.

### Vision

Our vision is bold and transforming. Ontario Shores Centre for Mental Health Sciences is recognized by many as having an approach to mental health care and unique services that are focused on recovery, hope and inspiration through discovery.

#### Recovering Best Health

Our specialized care focuses on individual paths to recovery and mental wellness. Our highly skilled staff are leaders in promoting optimum well-being. Our comprehensive services and innovative practices are integrated with our community partners.

#### **Nurturing Hope**

Our advocacy with the community eliminates the stigma of mental illness. Our commitment to care extends beyond the scope of client recovery to educating and informing our families and communities. We proudly embrace diversity and offer individualized care.

#### **Inspiring Discovery**

We are avidly leading new developments and research in collaboration with other organizations. We lead the international mental health care community in safety and innovative practices. Our relationships with the private sector provide unique opportunities to be innovative.

## **Values**

We aim for **Excellence** – through leadership and learning, we achieve exceptional performance in all we do, while fostering an environment of optimism, hope and recovery.

We encourage **Innovation** – through research and creative approaches, we support the advancement of mental health care.

We value **Safety** – we provide a safe and healing environment for our clients and a sense of security for our patients' families, our employees and the community at large.

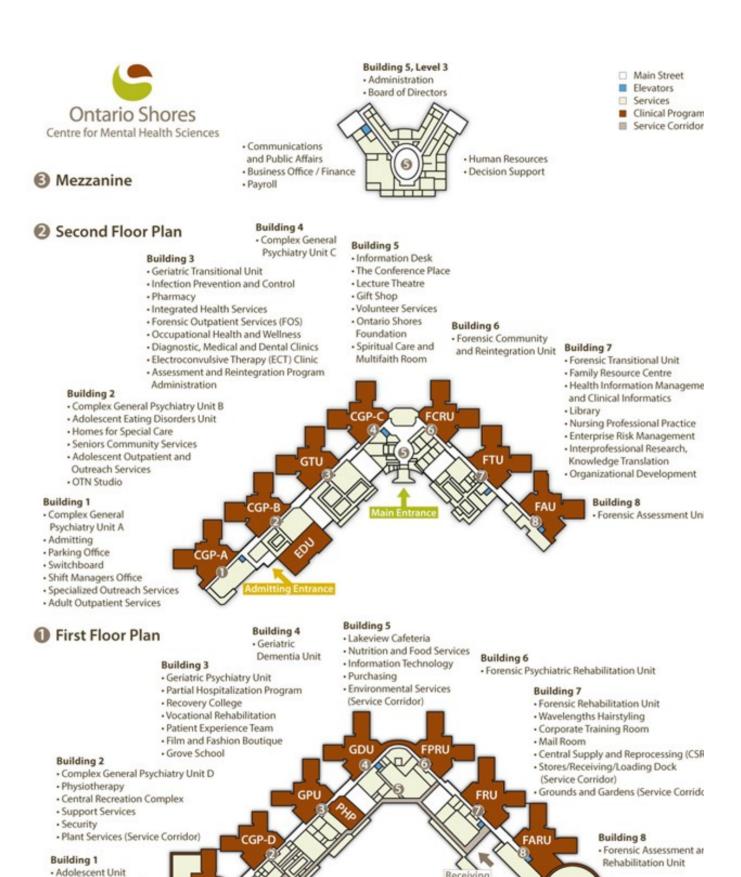
We **Respect** all individuals – encouraging diversity and treating everyone with dignity, while embracing the rights, beliefs, opinions and contributions of others.

We are a **Community** – we work together as one team, and with families, providers and the public as our partners, while maintaining mutual trust, transparency and shared purpose to enhance our patients' quality of life.



Discovery. Recovery. Hope.

Dual Diagnosis Service
Main Street Café



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